

Coffee & Conversation for Caregivers!

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Siouxland Aging Services Receives Funding from Target

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Siouxland Aging Services has been awarded a grant from Target to hold informational meetings for Caregivers. Our first “Coffee & Conversation for Caregivers” will be at Siouxland Aging at 2:00pm on September 16th. Plan to attend the 3rd Wednesday of each month, share with friends and enjoy a cup of coffee.

“We want to thank Target for their financial support of Iowa Family Caregivers,” said Barb Dinelli, Caregiver Specialist. The meetings are designed to reduce stress, increase coping skills, provide strategies for effective management of care giving tasks and enable caregivers to provide high quality care in the home. Plus, sharing experiences with friends!

In the near future, “Coffee & Conversation for Caregivers” meetings will be scheduled in the following counties; Plymouth, Cherokee, Ida and Monona. Check out your local paper for details! To learn more about the “Coffee & Conversation” meetings, contact: Barb Dinelli at (712) 279-6900 ext 36 or visit our website at www.siouxlandaging.org.