

Press Release

To: Siouxland Area Media

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For Immediate Release

Siouxland Aging Services joins families as they honor their Moms on Mother's Day. Family members looking for a unique and meaningful gift can purchase meal or transportation tickets. Meal tickets may be used to purchase hot nutritious meals, along with engaging conversation and fellowship at any of the congregate meal sites or for Meals on Wheels. Transportation tickets provide rides within and between communities in the Siouxland area. Tickets can be purchased at Siouxland Aging Services or on-line, making these practical gifts convenient for anyone to purchase whether they live nearby or across the country. Donations made also be made in honor of a loved one, a perfect way to show respect to elders who have benefited from any of these programs.

When we look back in history, we can thank Anna Jarvis who was the driving force behind Mother's Day, she organized observances in Grafton, West Virginia and Philadelphia, Pennsylvania on May 10, 1908. As this annual celebration became popular around the country, Jarvis asked members of Congress to set aside a day to honor mothers. She finally succeeded in 1914, when Congress designated the second Sunday in May as Mother's Day. Traditionally mothers have given countless hours of love to care for their family's needs. As our mothers reach their senior years, what a perfect opportunity families now have to reverse those roles, meeting the needs of their aging relative. Siouxland Aging Services has information, programs, and assistance to support seniors and their families in maintaining the senior's well-being.

Siouxland Aging Services serves seniors (ages 60+) in Cherokee, Ida, Monona, Plymouth, and Woodbury Counties, enabling them to live with maximum possible dignity, well-being, and independence. For more information about Siouxland Aging Services or to purchase meal and/or transportation tickets for your mother for Mother's Day, a birthday, other special occasion or anytime, just because you care, contact Siouxland Aging Services at [www.siouxlandaging.org](http://www.siouxlandaging.org), 712.279.6900 (in Sioux City) or 800.798-6916.

# **Please, Mom, don't eat the daisies.**

**Senior Hunger is Real.**

**This year, along with the flowers, purchase meal or transportation tickets for your loved one who is age 60+ on-line, in person, or by mail as your gift for Mother's Day, a birthday, another occasion, or no occasion at all.**

**Tickets can be used for rides within or between communities or hot, nourishing lunches at Congregate Meal Sites, for Meals on Wheels in Cherokee, Ida, Plymouth, Monona, and Woodbury Counties.**

**Contact Siouxland Aging Services**

**[www.siouxlandaging.org](http://www.siouxlandaging.org)**

**712.279.6900**