

What We Do...

...and have been doing since 1974.

Case Management Plus

Often, all it takes is a few added support services to make staying at home possible. We can help create a plan for the services seniors need, let seniors choose the service providers and can change them when necessary.

- Home Health Aide (personal care)
- Homemaker
- Respite Care
- Adult Day Care
- Peer Visitor/Senior Companion
- Mental Health Outreach
- Chore Services
- Assistive Devices
- Skilled Nursing
- Assessment



Siouland Aging Services, Inc.
2301 Pierce St.
Sioux City, IA 51104
www.sioulandaging.org
800.798.6916 or 712.279.6900

Nutrition Program

Our nutrition and meal programs help seniors to get hot, noon meals, socialize and have nutritional information available.

- Meals on Wheels
- Congregate Meal Sites
- Nutrition Counseling
- Frozen Meals
- Farmers Market vouchers



Caregiver Program

Being a caregiver is a difficult job we are rarely ready to take on. Our Caregiver Specialist connects, supports and advises caregivers and their families with information, referrals and services.

- Informing
- Encouraging
- Empowering



Housing

Complexes are comprised of one bedroom apartments.

Eligibility Requirements:

- Head of household, must be 62 years or older.
- Gross Annual Income may not exceed income guidelines
- Rent based on income.



Riverside Gardens
715 Bruner
Sioux City, IA

Diamond Heights
1018 11th St.
Onawa, IA



Evergreen Terrace
2430 West St.
Sioux City IA



Fairmount Park
210 S. Fairmount
Sioux City, IA



Advocacy and Education

Part of Siouxland Aging Services' purpose is to increase awareness and help find solutions through advocacy and education. Some of our programs include:

- Medicare Information (SHIIP)
- Preventative Workshops
- Older Iowans' Legislature
- Senior Medicare Patrol
- Information and Assistance
- Advisory Council
- Health Information
- Legislative Advocacy
- One on One Assistance



We help!

Transportation

Siouxland Aging Services, is helping seniors get to where they need to be. Tickets available for five counties. Donations for rides help provide continued services.

- Rural
- Urban
- Para Transit

Siouxland Aging Services, Inc.

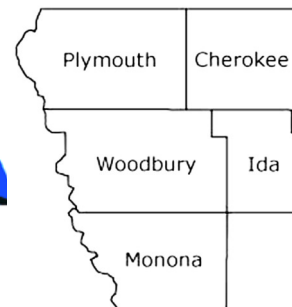
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Services for seniors ages 60 and up.



**SIouxLAND
AGING SERVICES,
INC.**

An Area Agency on Aging



Our mission is to help older Iowan's to live with maximum possible dignity, well-being, and independence.

We can help. Find out how. Call or stop by!

Services for seniors ages 60 + and their caregivers

www.siouxlandaging.org

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