

To: Area Media

From: Barb Dinelli – Caregiver Specialist
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For Immediate Release:

Siouxland Aging Services and Whispering Creek Active Retirement Community will be co-hosting a 2010 Caregiver Conference on Saturday, May 15th from 9:00-3:00 p.m. The conference, geared towards those who care for aging relatives, friends, neighbors or who are grandparents raising grandchildren will be held at Whispering Creek Active Retirement Community at 2609 Nicklaus Boulevard in Sioux City. The Caregiver Conference, with this year's theme of "Making the Connection," will have booths and workshops connecting caregivers with local resources, current information, and a caring support network. In a fun, interactive environment, the Caregiver Conference's intent is to enhance each participant's role as one who cares for family members, friends or neighbors. For the registration fee of \$5/person or \$8/person at the door, participants will receive a lunch, admission to three sessions of their choice, and enjoy a cooking demonstration of simple meals for the busy caregiver. Registration forms are available by contacting Siouxland Aging Services or on our web site at www.siouxlandaging.org. For more information about the "Making the Connection" Caregiver Conference or the many services provided by Siouxland Aging Services, contact Siouxland Aging Services at 279-6900, 800.798.6916.